

## Orienteering on Burrington Ham

Orienteering is an adventure sport, the aim being to navigate around a course as quickly as possible and find control markers located at the centre of numbered circles on the map.

The Control Card on the right describes the 17 permanent control sites that currently exist on Burrington Ham. Most control markers, i.e. the control number and a single letter, are on small red/white cards nailed to wooden posts, although two of these control markers are currently nailed to the features themselves (those marked with (\*) on the Control Card).

These single letters are your evidence that you have successfully found the control markers so write each one you find on the Control Card against its corresponding control number and location.

The start and finish point for all courses is the same and is located by a wooden post that corresponds to the centre of the  $\Delta$  symbol on the map.

A key navigational skill is "orientating the map". This means holding the map in the direction you want to go. So, for example, if you intend to head in an easterly direction, you need to turn the map so that the North arrows on the map are pointing to your left. You find exactly where you are by comparing the symbols on the map with the features on the ground. Have a look at all of these symbols and their definitions before you start. As you go round your course, see how many symbols you can find and mentally tick them off as you pass.

Please note that you take part in this orienteering experience at your own risk so please be aware of your surroundings at all times.

## Instruction Sheet

To find out more about orienteering, please visit

[www.bristolorienteering.org.uk](http://www.bristolorienteering.org.uk).

Note that there are other Permanent Orienteering Courses at Ashton Court and Blaise Castle. Details are available from Bristol Orienteering Klub.

### Suggested Courses

(Beginners, especially children, are advised to attempt the Beginners' Course first.)

#### **Beginners' Course (Yellow standard) 1.9km**

Find 10 controls in the following order:

1-2-3-4-5-6-7-8-9-10

#### **Medium Course (Orange standard) 2.7km**

Find 10 controls in the following order:

3-11-12-13-14-15-8-16-17-10

#### **Long Course (Light Green standard)**

Visit all controls, choosing your own order.

### CONTROL CARD

Control No.	Location	Letter
Start/Finish	Open Ground, East part	-
1	Low Earth Wall, South side	
2	Small Depression	
3	Large Tree, Northeast side	
4	Path Junction	
5	Path Junction	
6	Path Junction	
7	Eastern Path Junction	
8	Dew Pond, West side	
9	Eastern Path Junction	
10	Southwestern Dead Tree (*)	
11	Path	
12	Large Tree, Northwest side	
13	Information Board (*)	
14	Southern Path Junction	
15	Gully	
16	Middle Tree, South side	
17	Crag (1 metre), Foot	